



adventures
speaking
development
insights



Sean Chapple has been a pioneering figure in Polar adventure, developing, motivating and leading teams to achieve some of the most remarkable polar challenges of recent times.

The 'ice man' has planned, managed and led over twenty expeditions beyond the Arctic and Antarctic building on his global operational and management experiences across the globe in his earlier career as an elite Royal Marine.

This lifetime of extreme leadership offers tangible and inspiring lessons in high performance, which are invaluable to all adventurers operating in today's high-risk environments.

Experience the journey

Sean's talks, workshops and adventures are inspirational, motivational and offer powerful learning so you can explore the business of winning teams for yourself.

- **Apply** to join an expedition team or participate in an adventure training weekend.
- **Invite** Sean to speak at your event, conference or programme.
- **Book** Sean's leadership and teambuilding development programmes and consultancy services.
- **Sign up** for Sean's online resources area to benefit from regular tips and free resources and his newsletter to keep up-to-date with his latest adventures.

Become a corporate partner or expedition sponsor.
Find out more at www.seanchapple.co.uk/aboutus

Contact

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"My heartfelt congratulations on your magnificent ski crossing of Iceland. You faced formidable challenges of climate and topography, the fact that you completed the task ahead of schedule and in fine spirits is testament to your courage, preparation, fitness and leadership"
Diana, The Princess of Wales

Your expedition has been a journey of firsts; the first military return journey to the South Pole; the first Royal Marines to walk unsupported to the South Pole and the first Service Expedition to the region since Capt. Scott in 1912. First Sea Lord

Insights

Whether you are preparing and executing a business strategy, managing a new project, or putting together a team to make a record-breaking attempt on the South Pole, you can benefit from Sean's lifetime of teambuilding at the edge.

Share lessons in leading for high performance in Sean's online resources library. You can download e-Guides, case studies and extracts from his books at www.seanchapple.co.uk/insights.



Polar adventure is about **getting results** with limited resources, **motivating teams** to higher levels of performance and **maintaining optimism** in turbulent times.

Experience extreme decision-making and team leadership for yourself, by taking part in Sean's interactive business adventure at www.seanchapple.co.uk/bainteractive.co.uk

Explore Sean's expeditions and see his winning teams in action in his website videos at www.seanchapple.co.uk.

Track Sean's latest adventures in his blog and newsletter at www.seanchapple.co.uk/news.

“Adventurers have for many decades faced the extremes of uncertainty and risk. My own real-life experiences have enabled me to observe and influence how others operate at the edge of human endurance and develop strategies for success.

Although the worlds of exploration and commerce are literally poles apart, the methodologies I have evolved for developing high performance in others are just as relevant to the business adventurer.”

Sean Chapple, *Leading High Performance Teams*



"Sean is highly motivated himself and he motivates highly as a consequence - you don't lead a team to both Poles by being half-hearted. An excellent communicator with unimpeachable integrity".
Corporate defence mechanisms Ltd



“Adventure is a journey that involving people, risk and excitement in the pursuit of a positive outcome”

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Adventures

Sean's expeditions involve real leadership and team development in the world's most unforgiving environments.

Through calculated risk-taking, Sean and the expedition team will extend your boundaries of endurance, self-confidence, learning and initiative and lead you on a life-changing journey.

Polar expeditions

Sean's polar pedigree includes leading and training novice teams to complete record-breaking journeys – from the first ever ski crossing of Iceland and the first UK student expedition to the Arctic, to his recently 'Polar Quest' overland 700km return ski in Capt. Scott's footsteps to the South Pole.

After a lifetime of leading teams successfully through some of the world's most hostile environments, Sean is opening up his expeditions to Polar novices wanting to join his teams.

Join Sean on a journey beyond the horizon.

Siberia – Lake Baikal

Lake Baikal is the biggest lake in the World, holding over 20 per cent of its fresh water supply. Braving freezing temperatures, our objective is to travel the full 700km length hauling sledges packed with food, fuel and equipment that weigh more than 100kg.



Greenland – Arctic Ice Cap

Following a route just above the Arctic Circle, from the West to East coast of Greenland, the 550km ice cap crossing is one of the 'Big 3' polar challenges. Our team will pull their individual and team stores on sledges in temperatures of minus 30 degrees whilst negotiating crevasses, and keeping an eye out for Polar bears.



Polar survival training weekends

Included in our expeditions or available as a one-off course, this UK-based weekend covers the essential skills required to safely operate in the polar regions.

Adventure preview weekends

Join other novice adventurers and business teams to experience the challenge of Polar expedition training. This UK-based adventure taster also offers an introduction to Sean's leadership and teambuilding approach.



Explore more at www.seanchapple.co.uk/adventures

Speaking

Through motivational speaking, Sean shares the secrets of overcoming setbacks and pushing boundaries to achieve success against the odds.

His keynotes offer inspiration and powerful learning in self-motivation, risk-assessment, teambuilding and high performance leadership.

Clients

Sean specialises in keynotes for conferences, dinners and awards ceremonies and presentations for corporate audiences. A leading inspirational and business speaker, his clients include:

- Topics include:
- From potential to performance
 - Team selection and alignment
 - The high performance environment
 - Motivation of self and others
 - Leadership and empowerment
 - Goal setting
 - Responding to change and setbacks
 - Managing risk and decision-making

Aesica Pharmaceuticals Limited
BP
Chamber of Commerce
Deutsche Bank
Faber Maunself
Falklands Oil and Gas Limited
London Business School
Johnson & Johnson
Lloyds TSB
Paramo
Saatchi & Saatchi
Sykes Fairburn
TMS Development International Ltd
The Scott Polar Research Institute
The White Ensign Association
Wilson Dow Group

“What are the essential values of an adventurer? Cultivate an appetite for risk, maintain a positive viewpoint, value individual differences and seize opportunities”
Sean Chapple on the *Business of Adventure*

“Without leaving the room, Sean effortlessly takes audiences on some of the perilous journeys he has taken, giving them an at-times painfully honest account of his treks across frozen lands. Sean is a must-hear hero of the snow... a truly inspirational speaker”
Deputy Editor, *Human Resources magazine*

Explore more at www.seanchapple.co.uk/speaking

Development

Polar adventure is about getting results from limited resources, motivating teams to higher levels of performance, and maintaining optimism in fast-changing environments.

Sean leads and supports multi-day experiential leadership and team development interventions where business audiences can learn from his lifetime of extreme achievement.

Relevance and real learning

Combined with his 'on the ice' knowledge of leading teams, a lifetime of delivering results in senior leadership and project roles has given Sean a genuine understanding of the pressures and challenges facing today's managers and organisations. Learning is not only inspirational, but relevant.

Over two decades of experience at transforming inexperienced individuals into record-breaking adventurers has given Sean unparalleled insights into what it takes to develop and lead high performance teams.

Programme outlines

Corporate audiences can share this expertise through his leadership and team development programmes, workshops and seminars, and experiential activity-based courses. Sean can also tailor content to meet desired outcomes and deliver within in-company frameworks.

- 1-day or half-day Teambuilding programme
- 1-day or half-day Leadership programme
- Activity-based 2-day courses
- Adventure Preview weekends



“In today's competitive business environment, by adopting an adventurer's approach, we can provide dynamic results in risk taking and pushing back the frontiers of known endurance, self-confidence, resilience and initiative”
Sean Chapple

“Sean brought a fresh, inspiring dimension to the leadership discussion at the conference. The challenges of the expedition connected well to the audience – facing leadership challenges of their own”
pamela squared

Explore more at www.seanchapple.co.uk/development

Sean's expeditions are designed to leave the smallest carbon footprint and minimum impact on the natural environment they explore. Find out more at: www.seanchapple.co.uk/footprint

“It was an opportunity of a lifetime, a chance to achieve something I thought was way beyond my capability to do so”

Expedition team member

“Sean is indeed one of those gifted people who can not only do the task, but also paint the picture to others to take them some way to sharing the experiences”

paracademy

“Inspiring, fascinating, informative. A powerful development day for our clients that focused on familiar team issues but from a different perspective. Outstanding”

Mindadrenaline